



**Michael Colburn, MD, F.A.C.S.**  
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### Leg Care after Sclerotherapy

Now that your sclerotherapy treatment is complete, you may resume normal activities with only a few exceptions and suggestions:

1. Compression wraps are to remain on continuously for the first 24 hours. You may experience temporary itching, mild leg cramps and swelling, this is normal and may be lessened with walking and toe points when sitting. After removing compression wraps you may take a shower or bath. Afterwards put your compression stockings on and continue to wear them through the day until you retire to bed in the evening for the next 5 days.
2. If you experience any discomfort you may take: Extra Strength Tylenol, Motrin or Advil as directed. If discomfort continues or pain, redness, drainage or swelling develops call the office.

If you have any questions or concerns please contact our office at: 231-935-0390 or after hours call the Munson Operator at 231-935-5000 and ask for Dr. Colburn or Dr. Boros.